FIRST COMPETITOR ON SCENE ADVICE

If you are confronted with an incident and you are the first competitor on scene, the best advice anyone can give is: **DON'T PANIC......assistance will be with you very soon.**

There are a number of immediate actions that you need to take in order to provide the event's safety services with as much information as possible.

Firstly you must make an assessment of what has happened: **STOP** - take a breath.

LOOK - visually evaluate the situation.

LISTEN - what can you hear?

Your priorities after that will be to:

- Ensure that your nearest radio operator is informed so that they can update the Stage Commander and Rally Control.
- Keep people away from the incident.
- Ensure a lookout is positioned to warn those on scene of any approaching vehicle.
- Warn other competitors in advance of the incident. If marshals are available, send one further back up the stage to warn approaching vehicles that there is an incident ahead.
- Ensure the warning triangle is out and the OK / SOS board is displayed.

WARNING TRIANGLE

To warn following competitors of a stationary vehicle ahead. Position 100 M before the incident.

SOS

Indicates to following crews if further assistance is required - ensure the correct side is displayed.

- Where possible, approach the vehicle from the front.
- Deal with any fire if trained to do so.
- Identify both the electrical cut-off and extinguisher switch and activate as required.

Electrical cutoff **Blue** triangle with **Blue OFF** anticlockwise arrow   Fire Extinguisher **Red E** in red circle

If the competitor is still in the vehicle and the vehicle is on fire - GET THEM OUT IMMEDIATELY

If the competitor is still in the vehicle, is responsive and there is no risk of fire:

- Approach from the front, look them in the eyes - do they seem aware of their surroundings?
- Speak to them, ask their name - do they respond?
- Any pain or loss of feeling - if yes, keep them where they are!
- Keep them calm and keep them talking.
- **DO NOT MOVE THEM UNTIL PROFESSIONAL HELP ARRIVES.**
- Do nothing else.

If the competitor is still in the vehicle, is unresponsive and there is no risk of fire:

- Stop any life threatening bleeding by applying direct pressure/plugging the wound
- Ensure an open airway
- Immobilise the head and c-spine (neck)
- Check if they are breathing
- Treat any non-life threatening bleeding

DO NOT REMOVE THIER HELMET UNLESS THERE IS NO OTHER WAY TO ENSURE AN OPEN AIRWAY.

If the competitor is out of the vehicle:

- Do not grab hold of them - they might be unaware of what is happening and become combative.
- Guide them to a place of safety away from the incident
- Speak to them, ask if they are OK? Keep someone with them.
- Once in a safe place, assess them for injuries:
  - Are they aware of their surroundings?
  - Any signs of injury / are they experiencing pain?

DO NOT LET THEM WANDER AROUND, BUT KEEP THEM UNDER OBSERVATION

Afterwards please write a short report for the organisers and either hand it to the first control official that you reach or to the Competitor Liaison Officer. This report should cover the facts as you know them and include times of the incident starting and when you left the scene; always include your own details so that the organisers can, if necessary, contact you.

For further guidance, look at the safety video on the MSA web site which is aimed primarily at competing crews https://www.msauk.org/The-Sport/Rally-Future#prettyPhoto[video]/2/   **Thank you**

Beatsons Knockhill Stages Sunday 3ʳᵈ December

ROAD BOOK & SCHEDULE

Stage No	Mileage	Bogey	Target	Due Time Car 1
SS 1	4.3 miles	3m 58s	9 mins	09:00
SS 2	4.3 miles	3m 58s	9 mins	09:45
SS 3	4.5 miles	4m 09s	9 mins	10:55
SS 4	4.5 miles	4m 09s	9 mins	11:40
SS 5	4.5 miles	4m 09s	9 mins	13:10
SS 6	4.5 miles	4m 09s	9 mins	13:55
SS 7	4.3 miles	3m 58s	9 mins	15:00
SS 8	4.3 miles	3m 58s	9 mins	15:45
Total	35.3 miles			

Please note that the above due times are for reference only
Actual due times will be given at the end of the previous stage